

The FOUNTAIN

THE LOCKELAND SPRINGS
NEIGHBORHOOD ASSOCIATION
NEWSLETTER

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PRESIDENT'S CORNER

Competition is good – right? Well, Lockeland Springs residents, we hope you are ready to compete because LSNA has signed up for the Mayor's Neighborhood Challenge. The program is structured like the Mayor's Workplace Challenge but it is designed for neighborhood organizations and community groups. The goal is to create greener, healthier and more involved communities.

The kick-off was in late June and there are three categories. Each category is scored separately. The scoring will include any activities in the 2013 calendar year until the judging deadline of Oct. 31st, 2013. We are tracking our progress but we need your involvement.

We earned 9 points at the General Meeting on August 15th by providing information on parks, greenways, biking and transit in the neighborhood. We will post maps and useful links on our Lockeland Springs website and we encourage you to check it out.

Next, we are organizing a neighborhood day of service in which residents engage in community service as a group. Our project is Lockeland Spring Park. We are planning a park clean-up day on October 5th from 8am to 12pm. Activities include spreading mulch for a pathway and preparing for tree planting, which will occur over the winter months. The new trees will include a variety of native nut, fruit, and other trees to support more birds and wildlife and create activities for children.

With so many opportunities listed in the Mayor's Neighborhood Challenge, we encourage you to join the Lockeland Spring Listserve and like Lockeland Springs on facebook to stay up to-date on events and on-going efforts. Currently, we are not in the top five yet, and associations like 12th South are beating us... so let's get going LSNA!

President Mary Vavra

THIS MONTH

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**THE NEXT LSNA
GENERAL
NEIGHBORHOOD
MEETING WILL BE
NOVEMBER 21,
2013
AT THE EAST
BRANCH
LIBRARY**

FAREWELL TO "EAST CAN" FOUNDER

On a recent East Nashville afternoon, I sat down with Elizabeth Chauncey and Sharon Green over a couple of cold beers and had a conversation about the evolution of East CAN. Elizabeth, aside from being the face of the organization, is also the founding member and de facto leader. Or was.

Very quietly she has left the organization, as of August 13th, a couple days after the Tomato Fest. Over two hours we talked about the growth of the organization from a few people posting on the listserv to a large network of volunteers who work towards the ultimate goal: finding a human advocate for every homeless or endangered dog in East Nashville. To give you an idea of how the organization has grown under Elizabeth's stewardship here is a quick history:

In August 2008 there was a dog that many people in East Nashville reported seeing running the streets in obvious pain and in need of care. This brought out a core group of individuals (including Sharon) who rallied around the cause of neglected dogs. In 2009 the first local television news story ran giving East CAN region-wide recognition. In the last two years support has grown exponentially shown by the number of companies and groups in East Nashville coming forward with ideas of how to give support. Usually the support is in the form of events designed to raise money. How much have they grown? Maybe the correct question is how much are they growing? To put the recent growth into perspective, in 2012, the full year's budget amounted to \$20,000. In the first quarter of 2013 alone, the organization has already paid for \$14,000 just in vetting. Though no hard numbers exist, they estimate that they have housed in forever homes some 500 dogs. That is roughly a forever home found for a dog every three days. That does not even count the number of runaways reunited with their owners.

None of this sounds possible on the surface considering that East CAN has no facility for offices, dog housing, or even meetings. Meetings are held in living rooms, coffee shops, before/after rescue events. All external communication is done through e-mail, text messages, Facebook and the listserv. No one throughout the organization has ever accepted any form of payment for their time. And that time can be extensive. The core of the organization is made up of 5 voting members (started with 4, grew to 7 and with Elizabeth's departure, is now at 5). All decisions are made through these 5 dedicated individuals. Elizabeth and Sharon both estimate that they are putting in a full time job's worth of hours into East CAN.

It's at this point of the conversation that I realize why this is a success. It's the passion for the cause and their willingness to be uncomfortable, sometime very uncomfortable for the sake of our canine friends. Seeing Sharon's eyes well up four times while telling different stories, or Elizabeth describing some of the "field work," gives me clarity and understanding. There is a tipping point where an individual moves from where most of us sit at concerned and supportive, to devoted and invested. Every member of the organization has a "dog who pushed them into action" story. These are stories that we see every day. There is just one unique situation that resonates for one person that pushes them over the edge.

Through the entire interview, I kept moving the conversation back to the topic that I had been discussing with Elizabeth before we met: the transition East Can will be going through with Elizabeth leaving and what Sharon's role in the organization will be as the senior voting member. Boy were they resistant to that! I have 12 pages of notes about what they want the residents of Lockeland Springs to know about the organization, the welfare of the seemingly endless supply of dogs in need, how to engage your neighbors, what not to do with found dogs, alternate resources and the desperate need (please take note) of people willing to foster dogs, especially big ones, while trying to find forever homes or worried owners. What I

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President	
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Hans Schmidt	615-726-5624

Newsletter Advertising	
Jen Armstrong	850-321-8895

Newsletter Layout	
Brandee Kent	615-337-1795



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really wanted to talk about, these two very inspiring individuals, they avoided like a taboo.

And every member of the Leadership Team has the same fierce dedication and tireless effort. The leadership team also includes Sam Nolting, Amanda Connolly, Mary Laske Bell and Alyson Holt.

So much so that their group of significant others are unofficially known as the Wolf Pack. The wolf pack ends up doing a lot of the physical labor, dog house building and transportation, door knocking on houses with neglected dogs tied up in the back yard, etc. Interestingly, the voting members are all, and have always been just women. I will say (I am sure to my wife's displeasure) that one of the early morning puppy rescue attempts of a group of 5 puppies from under an abandoned house was the best singles pick up event any guy could possibly attend in all of Nashville!

When asking Elizabeth about her goals, what she wants to do now that she is no longer involved, she talks about her staging business (Spaces By Chauncey). "I've not had a conversation about anything except dogs in the past... It's been a long time". She also swears she is stepping completely away, cold turkey. Not a slow retreat. However, after doing some unscientific research, her East CAN facebook posts still outnumber her other posts by a clear 2 to 1 margin.

What about the future? My initial reaction (albeit an uneducated one) was panic when Elizabeth told me she was leaving. All I could think about was what the life of my sweet Basil (my East CAN rescue) would be like had Elizabeth not started what she did. And how many dogs in the future would not benefit from their human advocates. But after talking with Sharon Green it is clear. East CAN is here to stay, the growth will continue (as will the need) and though Elizabeth will be missed, there is a steady core group of individuals who will continue with their dedication to East CAN. There is a leadership training program in place, and a new group of feisty members (Blair, Callie and Leigh Anne) joining to take up the reins.

When you tell your family and friends why it is that you live in East Nashville, and Lockeland Springs, what really makes this a community and not just a neighborhood or zip code, if you are not listing Sharon and Elizabeth by name, you are not telling the whole story. Elizabeth, thank you for all you have done, and Sharon and the rest of East CAN, for all that you have done and continue to do. Simply amazing.

NEIGHBORHOOD RECIPE SPOTLIGHT: HODGE PODGE COOKIE BY THE BARISTA PARLOR

We are continuing our focus on local eateries and recipes with a spotlight on the wonderful Barista Parlor. Situated off Gallatin Road at Stratton, this newer addition to East Nashville offers top of the line java and scrumptious biscuits with all the local fixins'. Sweets are also offered—try the Hodge Podge cookie recipe below or stop by for one already made. The Barista Parlor is open M-F 7am to 6pm, and S-S 8am-6pm.

6ozButter (cut in to 6 pieces)
3 cupsGranulated Sugar
.75 cupCocoa
.75 cupMilk
4.5 cupsOats
.75 cupsPeanut Butter
1.5 tspVanilla

1. Cook Butter, Sugar, Cocoa, and Milk in saucepan until bubbles form. Cook for an additional 2 minutes
2. Stir in Peanut Butter until combined. Quickly stir in Vanilla and Oats.
3. Using Black-Handled Scoop, quickly scoop 24 cookies. Allow to cool completely before transferring from parchment paper.

IS THIS A LOCKELAND SPRINGS CAMP OR WHAT?

“Best camp ever!” were the words uttered again by 67-year-old Wes Corbett from Florida, our “Blue Steel,” Eagle Scout, active senior participant of 9 years at The Generation Connection camp. The reasons?

The campers’ daily experience was organized around the theme of “The past is alive today.” This started on the first day, when campers walked in the rain to Jim Polk’s house, dripped on his floors, listened attentively to Jim’s geologic history of Lockeland Spring, and introduced themselves by making videos, before walking through the Spring. For Lunch, Chef Hal at Lockeland Table in East Nashville provided all campers and staff with oven-roasted pizzas topped with veggies right the raised beds behind the restaurant, and strongly stated how mannerly the campers were.

All of day two was spent canoeing on the Harpeth river with the Sierra Club, initiated with Woody’s safety instructions. Six hours in a canoe resulted in special bonds between campers and their junior or senior counselor canoe partners, plus plenty of friendly splashing of fellow paddlers. Mad Platter Restaurant owner and indefatigable Inner City Outings Head Craig Jervis provided lunch and presented a history of the river and nearby Native American Mounds.

During the morning of day three at Fisk University, the past became very much alive as Fisk faculty and students guided us through the library, art galleries, and historic building, complete with ghost stories. Many campers commented on how impressed they were with a purple, velvet covered Bible presented to Fisk by Abraham Lincoln. That afternoon we headed to Mary Beth and Harry Shields’ 192-acre Rock ‘N Refuge Farm for the Generation Connection’s first overnight campout. Campers picked and prepared their own vegetables to eat around a roaring campfire that night.

After the Shields prepared a delicious farm breakfast the next morning, campers willingly cleaned stalls, swept out the chicken coop, fed catfish, built a raised vegetable bed, and worked with the horses, with help from farmer-cowboys Dave and Chris. A rainless afternoon was spent swinging off a rope swing, skipping rocks, and fishing at a beautiful creek Norman Rockwell might have painted.

Camp ended on Friday in the spacious gym at the Church of the Nazarene in East Nashville, thanks to Recreation Outreach Director Matt Dunlap. We learned about the history of badminton and how to play from veterans John, Angie, and Mary of the East Park badminton club. Frank Huynh, a 72-year-old Vietnamese immigrant, beat various counselors at ping-pong, played badminton, and performed for us on the Chinese violin. You could have heard a pin drop as he finished by leading all the campers (young and old) through a series of Tai Chi moves, connecting us all to an ancient Chinese art form.

Through it all, campers archived their adventures on video, as well as creating their own movies with plots tied to the camp theme, all of which will soon be available on www.thegenerationconnection.com. This unique and creative media literacy component has been led for all 10 years by Rhys Daunic, assisted this year by his wife Nicole, Teague Wilson, and two volunteer media professionals, Dannikke Walker and Evan Regaster, who flew in from LA to help out.

The connections of young and old, past and future at the heart of the camp experience are reflected in the seniors, junior counselors, and young adults who make up the staff. Each morning, seniors Zoraida and Rafael Ojeda had us organized and ready to start our day. On Day 1, senior Bob Wilkins illustrated some safety tips, and Peggy Drew talked about being a polite, good listener throughout the week. Fred Booth always kept the big picture and necessary details in mind. Sharing Wes’ attitude that everything will work out, they made sure it did, rain or shine, while resident scholar Jim Polk linked each day’s experiences to our theme.

With junior counselors Matt, Da’shon, Maddie, Noah, and Shelton coming up from Florida to join Nashvillians Koko, Diana, and Teague, we had the youth leadership and supervision to get the job done. Special thanks go to our camp director Graham Gray for her mix of compassion and organizational skills, both key to making this the “best camp ever.” My nieces Ginny and Allie added energy and took athletic activities and nursing care to a new level, and Emily Masters’ community contacts provided us with wonderful lunches from Khan’s, Porter Road

Butcher, The Mad Platter, Nuvo Burrito, and a dinner from Italia Pizza—not to mention her generous donation of DancEast as our “home base.”

I also thank ma belle femme Ann Daunic for her 10 years of help. She is a wonderful senior relater to this great cross section of 8-12 year olds.

Joel Daunic
Founder and CEO

PLANS FOR SHELBY PARK DISC-GOLF COURSE MOVE FORE-WARD!

We East Nashvillians are one step closer to having our own disc golf course in beautiful Shelby Park! Dr. Tom Hadley and folks from the Middle Tennessee Disc Golf Association have been working with the Friends of Shelby Park and the Metro Parks Department to bring the course to life. Veteran designer Shawn Groton has designed the 18-hole course that covers Naval Hill. It is located near the west entrance of the park and uphill from the old naval reserve building. The space has all the makings of a fabulous DG experience—wonderful geography, mature trees and ample parking at the top of the hill (next to the picnic areas).

Hadley reported that finding sponsors for the holes was “surprisingly easy”—so much so that there is actually a waiting list for sponsorships now, and the course may expand to 21 holes. If it proves to be successful, Hadley and the MTDGA may petition the parks department to install another course in a different area of the park.

Disc golf is a wonderful way to get a little exercise and experience another area of the park. It’s a sport that requires little athletic prowess and minimal investment to play, yet it can take a lifetime to master. More information about the sport is available here: <http://www.discgolf.com/disc-golf-education-development/what-is-disc-golf/>

Whether you’re in it for relaxation or to perfect your drives, our new course will have something for everyone. So what are you waiting for? The first 5 holes are already open!

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LSNA AWARDS GRANT TO HOLLY STREET DAYCARE

The Lockeland Springs Neighborhood Association recently awarded a \$1,000 grant to Holly Street Daycare for the construction of the new sign that was recently installed in front of the facility on 14th Street.

As a nonprofit organization serving the East Nashville community, Holly Street Daycare operates on a tight budget, concentrating its spending on delivering top-notch childcare and retaining quality staff. Basic facility expenses like supplies, equipment, and maintenance for the three aging buildings on the daycare's campus had eclipsed the need to replace the fading, peeling sign that had stood out front for decades. Not only was the sign a misrepresentation of the lively and nurturing Holly Street Daycare environment, it was becoming an eyesore in the neighborhood.

Holly Street's parent community is close-knit and involved in the center's operations wherever possible, and the sign project was a wonderful example of that. Designer and parent, Greg Burgess, created an updated logo to be used on the sign and beyond; parent, Ryan Taylor, collaborated with Joslin Sign to manage installation and manufacture; parent and Board of Directors member, Kathryn Withers, managed the grant application process on behalf of the organization.

The result is a cheerful, colorful sign that not only improves the daycare's appearance, but aligns with the neighborhood's goals for beautification and community pride.

For more information about Lockeland Springs Neighborhood Association grant program, please visit our website. www.lockelandsprings.org

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